

Workplace Violence

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Employees have a right to file a safety and health complaint or a whistleblower complaint. Find out more below about how to file each type of complaint.

How to File a Safety and Health Complaint

You (or your representative) have the right to file a confidential safety and health complaint and request an OSHA inspection of your workplace if you believe there is a serious hazard or if you think your employer is not following OSHA standards. The complaint should be filed as soon as possible after noticing the hazard. A signed complaint is more likely to result in an onsite inspection.

Online - Use the Online Complaint Form

Submit your complaint online to OSHA.

Fax/Mail/Email - Complete the OSHA Complaint Form [En Español], or Send a Letter Describing Your Complaint

Complete the complaint form or letter, and then fax, mail, or email it back to your local OSHA office.

Telephone - Call Your Local OSHA Office or 800-321-6742 (OSHA)

OSHA staff can discuss your complaint with you and respond to any questions you may have.

In Person - Visit Your Local OSHA Office

OSHA staff can discuss your complaint with you and respond to any questions you may have.

Important helpful OSHA website links:

- OSHA Worker Rights and Protections and FAQs - <https://www.osha.gov/workers>
- Enforcement Procedures and Scheduling for Occupational Exposure to Workplace Violence - <https://www.osha.gov/enforcement/directives/cpl-02-01-058>
- Whistle Blower Complaint Form - <https://www.osha.gov/whistleblower/WBComplaint.html>
- OSHA Workplace Violence e-tool - <https://www.osha.gov/workplace-violence>
- Preventing Workplace Violence in Healthcare - https://www.osha.gov/dsg/hospitals/workplace_violence.html
- Guidelines for Preventing Workplace Violence for Healthcare- <https://www.osha.gov/Publications/osha3148.pdf>